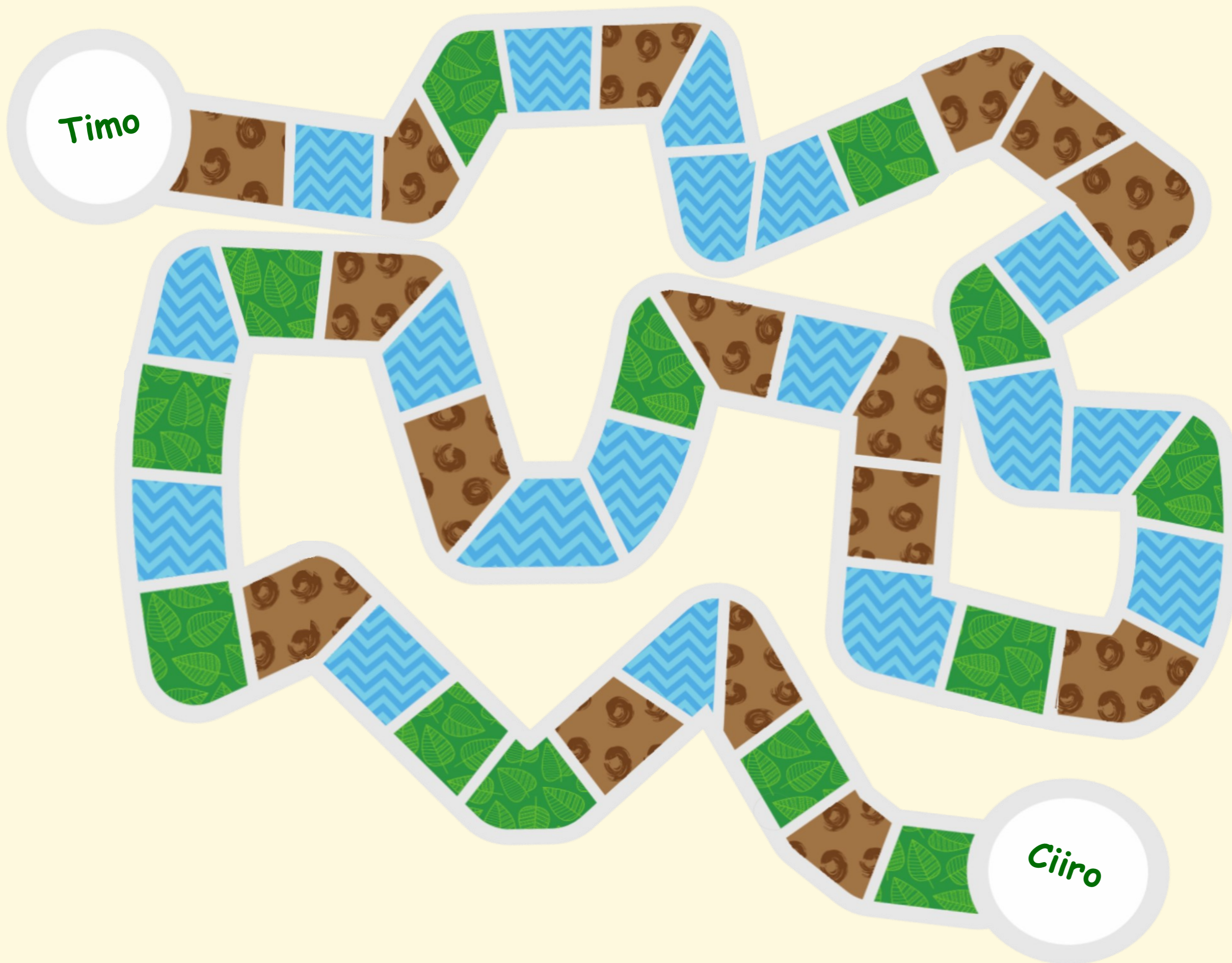




XALLE KAPHITENE SALEEDE KAYO



Haddoi
kaarido

Duubeti
kaarido

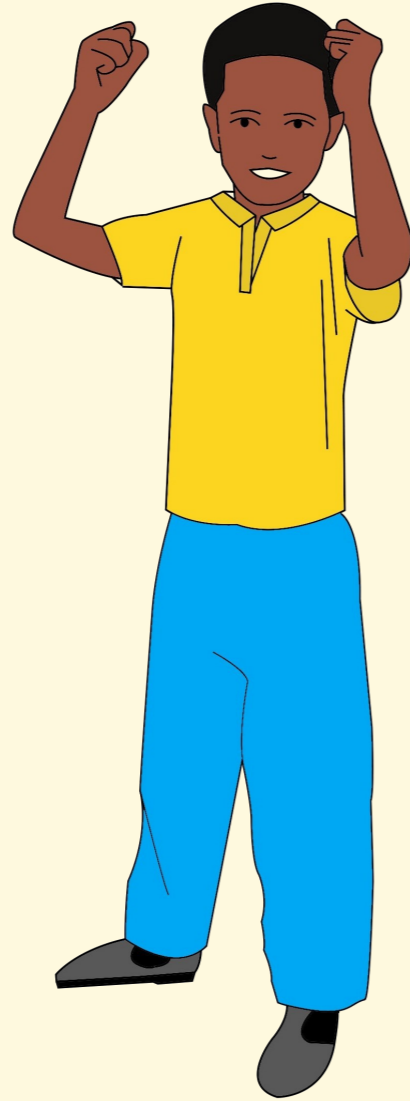
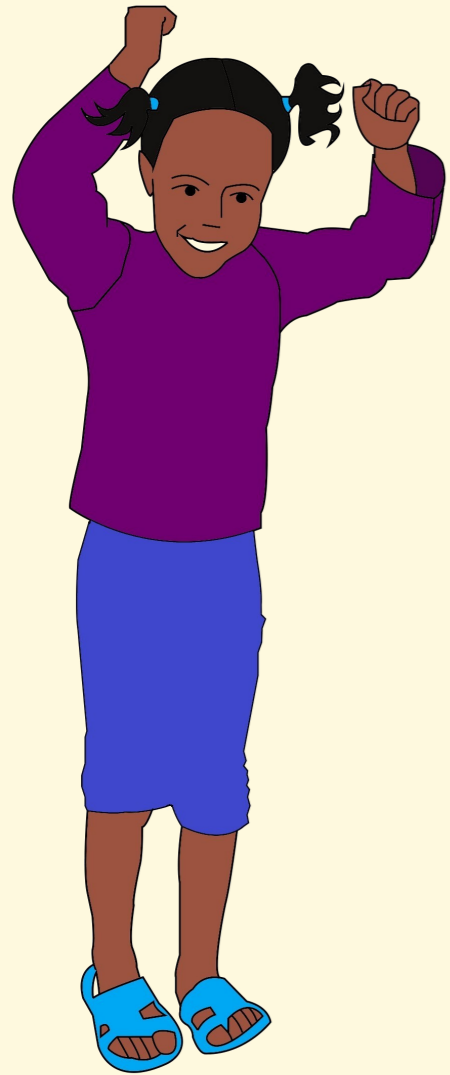
Eche
kaarido

Xalle
kaarido

QIICENA'O

Kache Saleedo 20 Keellere Kaarido 20 aaii Kaarido 14 Mocere Kaarido

M.B Doyechina'o kaayoochi gimochi boonochi mallet deewiyeete mallet deewiyeete malletena'o kaachi saleede toommochi gishiisho tuno, qaaqihe bare kaachechina'o malletona shaahaano tuno saanitimo dooqiyo, xexero tuno qaawihe.*



HAJJIYO

1. Kaayon 2-6 beddaha beeti asho kayo hakkiye ikkikke kaachi guuphi daggochi gaawuchi shemmo hakkimmi bare kaachechina'on gaacho hakkimmi ikke kaachecho beemo qaawhe
2. Ubbe kaachechina'o malletena'on batti batti kotitiiheete ubbe kaaridena'o booride ga'ochi boono qaxere bare baroona koto qaawihe.
3. Ikkike kaachecho batti batti keelleche kaaridon kaaciyeete ooge haddo daneti doyecho batti batti hamona keelleche kaaride toommochi kooreeti boote wodditinoni shuurikiye bare kaachechina'o kotitoye. Qanne baddi ga'och ikkikkona dabbona keelleche kaarideo toommochi.
4. Malleto mocere boote toommoch bi kindigaata mocere xalle kaaridoon kaacana kaaride gubboocha kooreeti hajjiyoon dabbiiyeete. Ubbe mocere kaaride kaachechon aafi shaiiheete woye kaachi xexeroon guudiyoochi daakko yaaroo immiyeete
5. Malleto aai'I boote toommochi bi kindi gaata duubeti karidoon kaaci kaaride gubboocha kooreeti hajjiyoon dabbiiyeete weyimona gubboocha kariddoch.
6. Malleto Mocere xaa'och bi kindigaata echee kaaridon kaaci kaaride gubbochi kooreeti echoon wochiyeete Wochoo tato tunegaata aafi saahetee woyee bare mocere kaaridoon kaacochi daakkona yaaro daneheete wocho tato tuno qayigaata aafi woyee gubbi shuuraacheete ebkmono dabbimi guudon echoon daakoona herecheete.
7. Ikkikke guudoon kaachechina'o ikke kaarido baachi daamiyeete. Tunebani ikkekke bkaaridena'o daakkona guudo ichete. Ebigeto ikke shaah qaxero beeto andire kaarido kaachi daakko shurarcheeto guudo boono mucce gaata shaahbeeti qaxero beeti bare kaarido kaacochi dabbimi guudo beddaha quyehete.
8. Kaaridon boono gaachetoye guubbi kaarido kiceeti dechichi wochi kktiiheete
9. Ciiroochi shaggito battibatti kaachechina'o kaayon beshiyeete.



ጤና ሚኒስቴር - ኢትዮጵያ
MINISTRY OF HEALTH - ETHIOPIA



NALA



Sightsavers



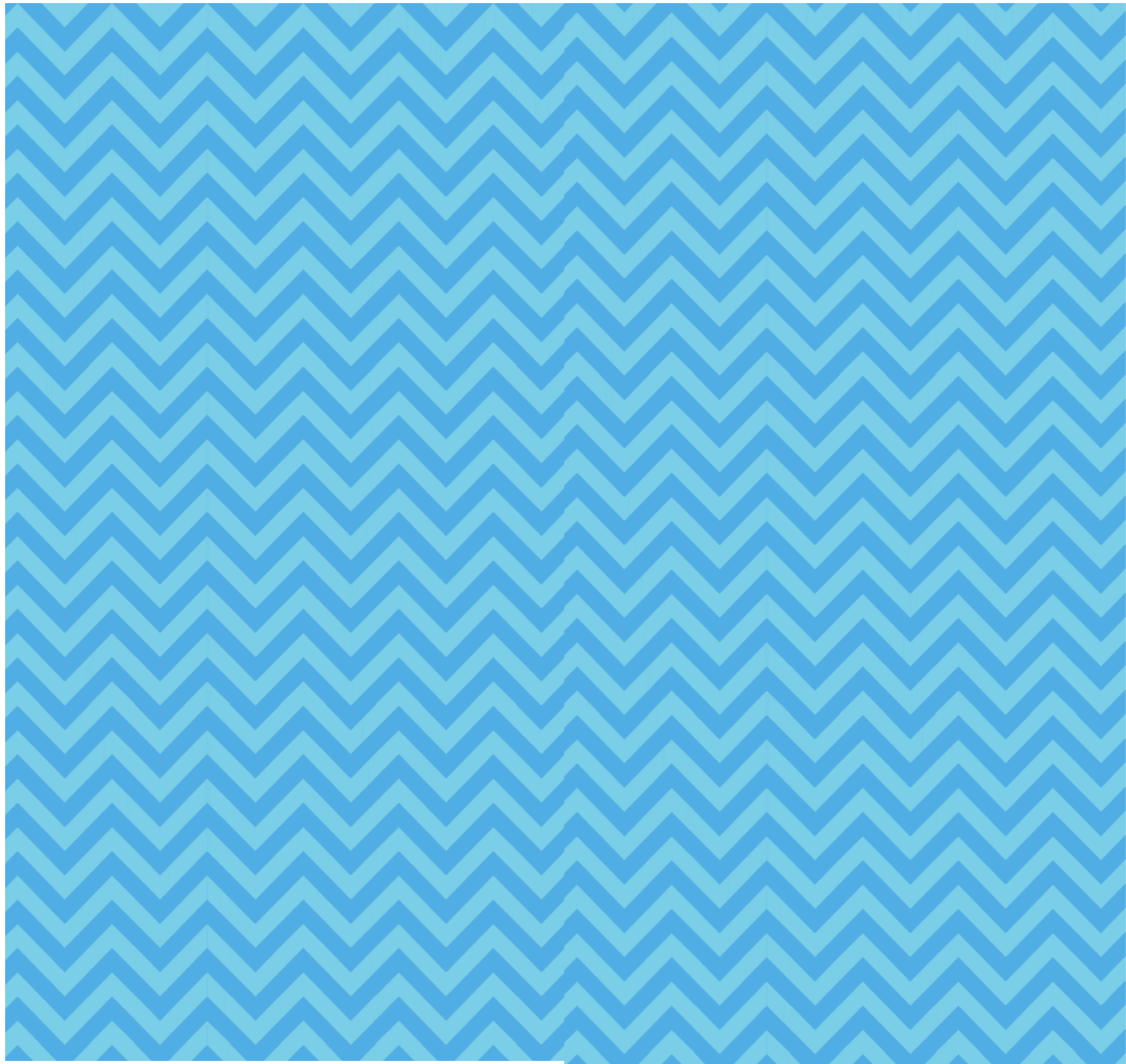
ThinkPlace

Ibe toommochi ne dihi gaata arooche ne macho qayigaata gutte booton gubbi wottebi	Doyee kechi shiishe tiqqe atto goodiyeemmi decon shalligichaachin gubbi ciire aai'I bootoch wottebi	Tiraakoome biiyon ne kechi ashena'ochi geto battetine dabbi guudo beshehe	Maachi ne nuuchena'o na tookka kaacha heechacha machiyaachtin 2 booto gubbi wottebi.
Sheechi kexoochi kotacha kische macho ne batte gaata biiye mallet bekkete wotte gubbi wotteb	Ne aafoon machetin tunebaani duubeti Fooxona shuuqitin 2 booton gubbi wottebi	Aafoon machetin tunebaani saamuno gaachiyaachin 1 booto gubbi wottebi	Gabiye daggochi kisho machiyaano maayo maatin 2 booto guubi wottebi
Ne Mamooye aafi kische macho batteini keejje booton gubbi wottebi	Doyee kechi maaci beeti sheechi kexo guudona yaamina'o tuqqitete 1 booton gubbi wotteb	Ne aafeeti guudona doye kexochi waatin dabbimmi guudo beshehe	
Hanaachi halla aafo machiyaachin dabbimmi guudo neeni beshehe	Gaddochi gonidecho gonidetine batti battichochi wottebi	Ne aafoon quciibeete ebiyeeno ceellete 3 dabbimmi guudo beshehe.	
Yaamina'o ne aafeeti guude toomoch kotete 1 booton gubbi wottebi	Kechi daggochi ne kaachaabeeti guudochi ibo beete 2 booton gubbi wottebi	Shabaate ciire (bushashanbetoona oogi shanibetona)ne affo machiyaachini 2 booto gubbi wottebi	
Ne kishon aacona machetin tunehaani saamunoon gaachiyaachin 1 booton gubbi wottebi	Aachi toomochi gonidetin(Sheechi kexo gaachi yaachin) batti battichoochi wottebi	Machochi ne gaachemmi saamuno ne kexoochi aalla.gubbi ciire aai'I bootochi wottebi	



<p>Ne mamoye aafi ne kishon aacona saamunoona macho shalligitin</p> <p>1 booton aafi shaadebi</p>	<p>Shechi kexona kechi guudoni xallayichine.</p> <p>2 booton aafi shaadebi</p>	<p>Mace tigge atto goodemona doye kexochi hamona atto daametina</p> <p>1 booton aafi shaadebi</p>	<p>Ne nuucho aafu ceelete biina tookko Iiwe aadoch hammetin.</p> <p>2 booton aafi shaadebi</p>
<p>Ne nuucho sheechi kexooche bi wottemmona macho shalligichitin</p> <p>2 booton aafi shaadebi</p>	<p>Aafon ne machemmona xalle foonona shuukihine</p>	<p>Kexoyee maachi ne kaachemona kishon aacona saamunoona machehini</p> <p>2 booton aafi shaadebi</p>	<p>Tiraakoomon bare doye china'achi dojjitin daakkona guuden dane hini.</p>
<p>Ne kechi ashena'o shechi kexo boono haggemmochi gibetkitine daakke guudoon danchine</p>	<p>Doye kexoochi ubbe gooron kische machoochi tuneemmi saamuno beemon xiishinine daakkon guudo danchine.</p>	<p>Gibiro ne mamoye aafi kishon aacona saamunona machetin .</p> <p>2 booton aafi shaadebi</p>	
<p>Maadana xumononi ne aafon aacona saamunona machechine</p> <p>3 booton aafi shaadebi</p>	<p>Doyee kexochi ne shaggeemmona ne aafu xallone</p> <p>1 booton aafi shaadebi</p>	<p>Tiraakoomen wushoochi ne nuuchoon aafu bi machemmochi booyehin dabbimmi mocere bootoch shaadebi</p>	
<p>Tiraakomo biyon ne kechi ashena'ochi gettechine dabbimmi mocere bootochi shaadebi</p>	<p>Sheechi kexooche ne wottemmona ne kishon aacona saamunoona machon shalligihin</p> <p>2 booton aafi shaadebi</p>	<p>Doyee kechi daggochi sheechi kexina'o xalloona yaamina'o ciichi yaacheete</p> <p>1 booton aafi shaadebi</p>	
<p>Ne nuuchena'o gaddochi boono gondiyaachemmochi neechitin</p> <p>2 booton aafi shaadebi</p>	<p>Ne Manooni sheechi kechi gaachoon dojjihin dabbimmi meocere bootochi shaadebi</p>	<p>Shabaaton ubba ne aafu xallo tuneti goodochi dojjecho neeni naadite.</p> <p>3 booton aafi shaadebi</p>	

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3 gooron kische machoon ne nuuchena'ochi geti wochoo tato tunegaata dabbimmi mocere bootoch shaadebi	Tiraakoomo beshebeeti gommina'och 3 biribi wochoo tato tune gaata dabbimmi mocere bootochi beshebi	Kische mache duubon duube wochee tato tunegaata dabbi guudon shaadebi
2 gooron aafe machoon ne guuphina'och geti wochoo tate gaata dabbimmi guudochi shaadebi	30 doyechina'o daggoche 12 na'o aafu kiine gaata xalle aafechina'o amibiche na'one? Wochoo tate gaata dabbimmi mocere bootochi shaadebi	Dabbimmi echoon wochib doyee kechi maaci beeti bare doyechina'och tiraakome biyon aabichi dojjiyene gaawe wochoo tunegaata daakkona guudo danehin
Kishon tatona ne machoon biribi wochoo tato tunegaata daakkona guudo danehini.	Dabbimmi Echoon wochibi gaddoch gonideche goido Iiwe toomoch amoochi gonidehe? Wochoo tate gaata dabbimmi mocere bootochi shaadebi	
Xallitine quye shuriyeena'on duubona get. Wocho tate gaata daakona guudon danehini	Tiraakoomona biiyeti ashi kiinooni geti wocho tategaata dabbimmi guuden danehini	
Qaaroon gaachi yaanoon tiraakoome malleton bekkibi. Wochoo tate gaata dabbimmi mocere shaadebi	150 doyechina'o daggoche 42 na'ochi aafu kiine gaata xalle aafechina'o ambichena'one? Wochoo tato tune gaata dabbimmi guudochi shaadebi	
Xallitine quye shuriyeena'on shuuri bekkib giishebe getigaata 3 shuriyoona ne shuurigaata dabbimmi moceroch shaadebi	Dabbimmi echoon wochib yaammuna'o tiraakomon aabichi beshibeete wochoo tato tunegaata dabbimmi guudochi shaadebi	

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