Hygiene Heroes
Challenge Game

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MINISTRY OF HEALTH·ETHIOPIA

NALA

Sightsavers

Write student names and record their points after they complete each challenge.
The student with the most points after 10 challenges is the Hygiene Hero!

Points for Challenges 1-10

Name	1	2	3	4	5	6	7	8	9	10	Total

Challenge 1: 10 points
Come to school with clean hands and a clean face for 10 days of challenge. The coordinator will check and give 1 point for each clean day.

Challenge 2: 5 points
Act out the healthy behaviors to prevent trachoma, without using words!
Bonus: 5 extra points
Make it into a dance!

Challenge 3: 5 points
Make up a song about handwashing and face washing and sing it for the group.
Bonus: 5 extra points
Sing it together at the flag ceremony!

Challenge 4: 5 points
Go to the school latrine and check for soap and water.
Bonus: 5 extra points
Discuss with the club how to improve school hygiene and sanitation.

Challenge 5: 5 points
Make a banner to encourage people to wash their face.
Bonus: 5 extra points
Post it near the latrines!

Challenge 6: 5 points
Tell your family about trachoma.
Bonus: 5 extra points
Show them how to face wash with soap and water.

Challenge 7: 5 points
Do a handwashing demonstration for students in your grade.
Bonus: 5 extra points
Do the demonstration for younger students!

Challenge 8: 5 points
Work with friends to make up a drama about trachoma.
Bonus: 5 extra points
Perform it for other students during the break!

Challenge 9: 5 points
During break, tell 5 students (not from your club) about trachoma and how to prevent it.
Bonus: 5 extra points
Tell 5 more students!

Challenge 10: 5 points
Organize and hold a sanitation campaign to clean the school yard of trash.
Bonus: 5 extra points
Wash your hands with soap after!